

IMPLICIT ASSOCIATION TEST

We all have bias. To be biased is to be human. Yet, it is not an excuse for bad behavior. Biased behavior needs to be addressed swiftly by allies. The Implicit Association Test was developed decades ago and is a proven model for measuring bias. It is free, anonymous, and a simple pattern recognition test to learn more about your biases. You cannot manage your bias if you are not aware of it.



Resources:

Harvard Implicit Bias Assessment



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Self-Reflection:

Take at least two different assessments. What biases do you have?

Why do you think you may have these biases?

What can you do to manage these biases?